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# CHRISTIAN FORMATION 2013-14



St Paul's Knightsbridge  
DIOCESE OF LONDON

## SPRING 2014 EDITION



# INTRODUCTION



Welcome to the programmes for Christian formation at St. Paul's Knightsbridge. This brochure outlines our important ministries to and with adults and children. What we offer is a kind of 'School of Christian Discipleship', a place and fellowship where anyone and everyone is welcome to explore the meaning and practice of the Christian faith. Our programs are designed to meet people where they are, so whether you are someone who is brand new to Christianity or someone who would be considered already quite proficient in Christianity, there will be something on offer for you here in our comprehensive programme. A warm welcome awaits you in this particular fellowship. We aim to be a 'safe place' where everyone may pursue what it means to be a Christian with integrity and respect, rooted and grounded in the Apostolic Tradition yet open to exploration of new ways and meanings.

The primary context for the work of formation in a community such as this is our corporate worship. Our life is rooted in and draws its strength from our sacramental worship on Sundays and on every day of the week. It is through worship that we enter in awe into the mystery and heart of God in Jesus Christ and in the power of the Holy Spirit. In Word and Sacrament the Christian God reveals God's self and from there we use our God-given hearts and minds to enter more deeply into those sacred mysteries and indeed to have our lives transformed by them.

Coupled with the fellowship of the altar is of course the fellowship of the table, so our formation similarly takes place in the loving and caring fellowship of the diverse people of this congregation.

We have devised a program that addresses a variety of topics and needs and one which offers something on nearly every day of the week.

What follows is a description of what we shall be offering in 2013/ 2014 under this year's theme of PILGRIMAGE.

*Fr Alan Gyle, Vicar*

# PILGRIMAGE

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The themes of journey and pilgrimage are central to the Judaeo-Christian tradition. The theme is established in a series of epic journeys: Abraham's response to God's call to journey with his whole tribe from Ur of the Chaldees to the Promised Land; Noah's salvific journey in the ark; the great journey of Moses and the people of Israel from the bondage of Egypt to the Promised Land and many more.

In the Christian tradition the journey of Our Lord himself, the itinerant Rabbi/Incarnate Son around the relatively small confines of the Holy Land and principally his journey to Jerusalem and there the universal and vicarious journey to Calvary and the empty tomb and beyond; the journey of Mary to her cousin Elizabeth at the start of the Christian story; the great missionary journeys of the Apostles, not least our own patron St. Paul.

And this theme is taken up in the life of the early Church with the pilgrimages of the faithful to the Holy Land beginning a few short centuries after Our Lord's death and resurrection; in the mediaeval world individuals risked much as they set out across the great pilgrim routes that led to holy places – and that mediaeval tradition has found echo in the modern Church with the revival of pilgrimage in our own day.



And if this instinct to journey is a literal one, it is also a figurative one. We speak of the 'journey of life' – a pilgrimage from birth to death, full of ups and downs, that universal human experience that begins with the first human breath and ends only with their last.

And all these pilgrimages and journeys speak of course to the inner journey of the soul, a journey Godward, a journey into Christ, as a Pilgrim people and as individual souls. The whole Gospel is a story of movement, God's reaching out to us and journeying to us in the Incarnation of Jesus and so of God's desire for us to make the return journey in mind, body and spirit, the whole person. Movement, pilgrimage, journeying is of the essence of the Church: the words "mass" and "mission" come from the same word, a word which means "sent". Indeed it could be said that Christians are all called to be the 'sent ones of the Sent One'. The Church is *gathered* from the ends of the world in order to be *sent out* to the ends of the world.

So this seems an appropriate and inspiring theme for the work and pleasure and joy of allowing God to form our life of faith as a community and as individuals here at St. Paul's Knightsbridge. The starting places, the routes and the destinations, the encounters along the way of people and places, of sights and sounds, of movement and stillness, of journeying forth and simply resting; the nourishment of food and water, the dark and the light, the telling of stories and silent reflection, are all part and parcel of the stuff of our journeying more deeply into Christ.

Please do consider this brochure an invitation to be a companion along the way. "Com"- "panion"- "one with whom we break bread". A good word for our journeying on this adventure and a warm and heart felt invitation. You will see that there is intentional inter- connectedness between the various components of the programme around this theme, and people are certainly encouraged to 'mix and match'!

*Fr Andrew Sloane, Associate Vicar*

# PILGRIMS IN CHRIST

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A FIVE PART SERIES that represents a return to basics. This is an ideal series for those who are inquisitive about the Christian Faith as well as for those who may simply want a refresher course, people who want to be refreshed intellectually and spiritually in understanding and living the life of faith

On Wednesday evenings:	18:45 Low Mass with hymns;
	19:30 refreshments;
	19:45 program (45m) ending at 20:30

## **PART I: TELLING THE STORY**

(weekly for four weeks from 2<sup>nd</sup> – 30<sup>th</sup> October 2013)

1. The Story of the Church I
2. The Story of the Church II
3. The Story of the Bible
4. The Story of Jesus
5. Overview

## **PART II: THE HOPE OF GLORY**

(weekly for four weeks from 6<sup>th</sup> – 27<sup>th</sup> November 2013)

1. Who is God?
2. The Circle of Redemption
3. The Work of Jesus
4. Where Time and Eternity Meet

## **PART III: THE MEANS OF GRACE**

(weekly for four weeks from 22<sup>nd</sup> January – 12<sup>th</sup> February 12<sup>th</sup> 2014)

1. Baptism and Confession
2. The Breaking of the Bread I
3. The Breaking of the Bread II
4. Matrimony. Holy Orders Unction

## **PART IV: LENT: JOURNEYING WITH JESUS**

(weekly for five weeks from 12<sup>th</sup> March – 9<sup>th</sup> April 2014)

1. The Temptation in the Wilderness: Wrestling
2. Born Again from Above. The Letting Go of Resentments
3. The Woman at the Well. Healing and Wholeness
4. The Man born Blind. Opening the Eyes of the Heart
5. Lazarus. The Promise of Easter

*Note: These sessions are based on the Gospel readings that were used for **the** Sundays in Lent in the early church as they prepared for Easter*

## **Part V: MYSTAGOGIA. Putting faith into Action; Life from Journey to Pilgrimage**

(weekly for three weeks from 14<sup>th</sup> May – 28<sup>th</sup> May 2014)

1. Ministry I (14<sup>th</sup> May 2014)
2. Ministry II (21<sup>st</sup> May 2014)
3. A guided Pilgrimage through Westminster Abbey (28<sup>th</sup> May 2014)

Each of the five parts can stand alone or be taken as an extended course. While obviously to some extent within each part each week builds on the previous ones, people should not feel discouraged or unwelcome to attend what they are able.
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# THE SATURDAY FORUM

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The Saturday Forum allows us to offer a variety of programmes for those who may find that the weekends offer more time to include some Christian formation. Six Saturdays are offered between October 2013 to June 2014 with the exception of January. The Forum begins with Morning Prayer at 09:00, with a simple breakfast and fellowship from 09:30 until 10:00. From 10.00 to 11.45 we study and learn together. At 12.00 noon there is a Low Mass followed, for those who would like to/are able, by lunch at a local restaurant. The final forum of the year offers a day-trip pilgrimage to Canterbury Cathedral, *the* place of pilgrimage in this land from the death of Thomas a Becket until the destruction of his shrine by Henry VIII.



## PILGRIMAGE: JOURNEYS, PLACES AND PEOPLE

12<sup>th</sup> October 2013

### **Journey into Christ.**

Discovering the art of Centring Prayer, with Jill Bennett. Centering Prayer is not meant to replace other kinds of prayer. Rather, it adds depth of meaning to all prayer and facilitates the movement from more active modes of prayer - verbal or mental - into a receptive resting in God. This thirty minute guided exploration in prayer is suitable for complete beginners and for those with experience.

9<sup>th</sup> November 2013

### **The Pilgrimage to Compostella**

Outward Journey, Inner Pilgrimage

7<sup>th</sup> December 2013

### **An Advent Quiet Morning**

"Time Travel" with Fr Andrew Sloane  
The concept of time in the poetry of T.S. Eliot.

1<sup>st</sup> February 2014

### **"How do we sing the Lord's Song?"**

Equipping the Pilgrim People of God in the language and sharing of the Faith. "Speak Out! How to articulate your faith and why" is a one day workshop created by the Awareness Foundation based in London. This workshop will run until 2.30PM and participants may want to bring their own lunch and/ or something to share.

3<sup>rd</sup> May 2014

### **"Food to Pilgrims Given"**

The gift of the Lord's Body and Blood is a gift for the nourishment of souls on the move, a people who are assumed to be a 'Pilgrim People'. This morning workshop on the shape and meaning of the Eucharist includes a Demonstrated Eucharist that will not in fact be a celebration the Mass but a narrated 'walk through' of what is happening when, and why. The morning will end with the usual celebration of the Saturday Noon Mass

7<sup>th</sup> June 2014

### **Pilgrimage to Canterbury Cathedral**

An all-day visit to the symbolic home of Anglicanism and to the place of martyrdom of Thomas a Becket

# KNIGHTSBRIDGE SOIREES: Thursdays at 7.00pm

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A series of five Thursday evenings (the 3<sup>rd</sup> Thursdays of the months) when members of our community can gather in one another's homes for simple refreshments and the presentation and discussion of different topics associated with our overall theme of PILGRIMAGE. People may choose to come to any or all.

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## 20<sup>th</sup> February 2014: 'THE STORY OF THE ETON CHOIR BOOK'

*In preparation for the Choral Pilgrimage to Greenwich in May to hear The Sixteen, this evening Fr Alan Gyle gives an introduction to the Eton Choir Book, (Eton College MS. 178) is a richly illuminated manuscript collection of English sacred music composed during the late fifteenth century. It was one of very few collections of Latin liturgical music to survive the Reformation, and hence is an important source.*

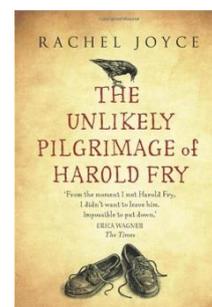
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## 15<sup>th</sup> May 2014: BOOK DISCUSSION: The Unlikely Pilgrimage of Harold Fry

Longlisted for the Man Booker Prize 2012: *'The odyssey of a simple man, original, subtle and touching'* When Harold Fry leaves home one morning to post a letter, with his wife hovering upstairs, he has no idea that he is about to walk from one end of the country to the other. He has no hiking boots or map, let alone a compass, waterproof or mobile phone. All he knows is that he must keep walking. To save someone else's life.

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## 19<sup>th</sup> June 2014: THE MUSIC OF PILGRIMAGE

*From the dawn of time music has accompanied man's literal and metaphorical journeying, raising his spirits, providing solace and encouragement and capturing – in song and instrumental sound – the end and ambition of exploration. This musical evening explores some of the 'music of pilgrimage' and connects mankind's deep desire to explore interior and external space.*

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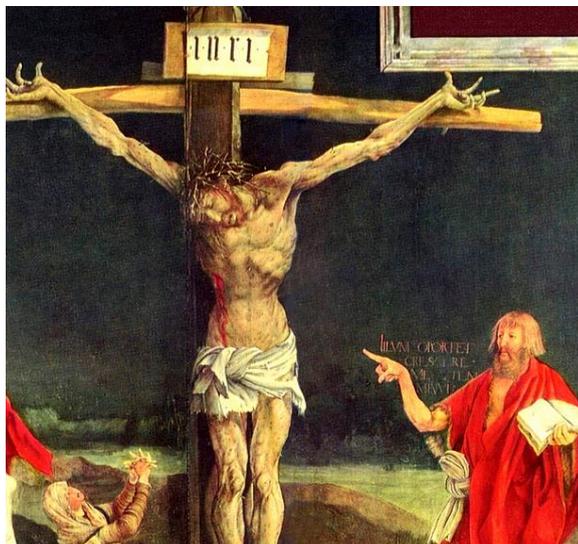
**NOTE:** THIS SERIES LINKS WITH THE CHORAL PILGRIMAGE OF "THE SIXTEEN" AT THE CHAPEL AT GREENWICH ON WEDNESDAY MAY 7, THE PILGRIMAGE TO WESTMINSTER ABBEY ON THE EVENING OF WEDNESDAY, MAY 28 AND THE PILGRIMAGE TO CANTERBURY ON SATURDAY JUNE 6

# PILGRIMAGES 2013/ 2014

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**Friday 4<sup>th</sup> – Sunday 6<sup>th</sup> April 2014:**

## **A Passiontide Pilgrimage to Colmar, France**



The Unterlinden Museum in Colmar in France contains one of the world's greatest paintings of the crucifixion of Jesus Christ, the Isenheim Altarpiece by Matthias Grünewald (c.1470 –1528).

In 2014, as the church enters Passiontide and our eyes turn from Lent to the events of Christ's entry into Jerusalem, his teaching, the Last Supper, the agony in the Garden of Gethsemane, his betrayal, torture and crucifixion, you are invited to make a short pilgrimage to Alsace in France to reflect, with Fr Alan Gyle, on the Passion of Our Lord and to meditate upon the image.

Flights to and from Basel are offered by British Airways and by Easyjet – and there is an efficient rail link between the St-Louis rail terminal close by and Colmar. Approachably-priced accommodation is available in the heart of beautiful and historic Colmar – and as has become our custom on overseas pilgrimages we will allow people to plan their own travel and accommodation and then gather daily to reflect, to pray and to learn.



**Full details from Fr Alan Gyle – or call 020 7201 9999 to register your interest.**

**Wednesday 7<sup>th</sup> May 2014 at 7.30 PM:**

**Choral Pilgrimage: The Voice of the Turtledove  
Sung by 'The Sixteen' in The Chapel at Greenwich.**



'The Sixteen' directed by Harry Christophers. Music by Sheppard, Davy and Mundy including Davy's "O Domine caeli terraque" from the Eton Choir Book

**Full details from Fr Andrew Sloane – or call 020 7201 9999 to register your interest.**

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**Wednesday 28<sup>th</sup> May 2014:**

**A pilgrimage round Westminster Abbey**



17:00 Evensong  
18:00-20:00 Guided pilgrimage around the abbey.

**Full details from Fr Andrew Sloane – or call 020 7201 9999 to register your interest.**

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**Saturday 7<sup>th</sup> June 2014:**

## **A day pilgrimage to Canterbury Cathedral**



St Augustine, the first Archbishop of Canterbury, arrived on the coast of Kent as a missionary to England in 597 AD. He came from Rome, sent by Pope Gregory the Great. It is said that Gregory had been struck by the beauty of Angle slaves he saw for sale in the city market and despatched Augustine and some monks to convert them to Christianity. Augustine was given a church at Canterbury (St Martin's, after St Martin of Tours, still standing today) by the local King, Ethelbert whose Queen, Bertha, a French Princess, was already a Christian. This building had been a place of worship during the Roman occupation of Britain and is the oldest church in England still in use. Augustine had been consecrated a bishop in France and was later made an archbishop by the Pope. He established his seat within the Roman city walls (the word cathedral is derived from the the Latin word for a chair 'cathedra', which is itself taken from the Greek 'kathedra' meaning seat.) and built the first cathedral there, becoming the first Archbishop of Canterbury. Since that time, there has been a community around the Cathedral offering daily prayer to God; this community is arguably the oldest organisation in the English speaking world. The present Archbishop, The Most Revd Justin Welby, is 105th in the line of succession from Augustine.

Until the 10th century the Cathedral community lived as the household of the Archbishop. During the 10th century, it became a formal community of Benedictine monks, which continued until the monastery was dissolved by King Henry VIII in 1540.

Augustine's original building lies beneath the floor of the nave– it was extensively rebuilt and enlarged by the Saxons, and the Cathedral was rebuilt completely by the Normans in 1070 following a major fire. There have been many additions to the building over the last nine hundred years, but parts of the quire and some of the windows and their stained glass date from the 12th century.

**Full details from Fr Andrew Sloane – or call 020 7201 9999 to register your interest.**

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# HEALING SERVICES

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## **The Laying on of Hands**

at the Monday Mass at 18:00 on the first Monday of the month in the Chapel of St. Luke

## **Unction and Healing Prayer**

after Communion at the 11:00 Mass on the third Sunday of each month in the chapel of St. Luke



In his own ministry, Jesus gave high priority to healing the sick. The same concern has always found expression in the ministry of the Church through the Eucharist, the prayers for the sick, and the personal love and care offered to sufferers by individual Christians. Among the ways in which the Church has exercised this ministry is through the laying on of hands. Any of us may receive it, for ourselves or on behalf of others, when we believe there is need of the healing power of the Spirit of God.

This ministry is in no sense offered as an alternative to medical care. All healing comes from God, whether brought about by the skill and care of doctors and nurses, through prayer, through sacraments, or through healing words or healing touch. It is a ministry which reflects the gospel proclamation of total salvation of body, mind and spirit. Recovery from disease is one aspect of this; another is the possibility of being enabled by God to accept illness or disability. Beyond our quest for individual healing there is need for healing in human society, marred by war, injustice, and oppression.

The Church's ministry of healing is therefore also one of reconciliation and forgiveness. Our penitence and God's forgiveness are the necessary condition for recovering wholeness of body, mind and spirit, and for healing the broken relationships between ourselves and God, and between one another. (text adapted from St Margaret's Westminster Healing Services)

In St Luke's Chapel, during the Monday evening mass, we will offer a simple prayer with laying on of hands at the altar rail. On the third Sunday of the month at the 11 o'clock Mass, unction (anointing with holy oil) and healing prayer will be offered in St Luke's Chapel immediately after communion. This healing ministry is shared by both priests and people, as we develop a small team of designated lay people who will at both services assist the priest.

**Full details from Fr Andrew Norwood – or call 020 7201 9999 for further information.**

# JOURNEYS OF THE SOUL: TIMES FOR SILENCE, REFLECTION, PRAYER AND REFRESHMENT

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As our world seems to become more hectic and more noisy, it is important for churches to offer places as well as regular opportunities for people to come together for times of silent meditation, reflection and refreshment of the soul. Opportunities to redress the balance in our lives and to listen to the language of God which is silence. We seek to offer such on a regular basis each week as well as special opportunities for retreat:

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## SILENT TUESDAYS



*'Be still and know that I am God' - Psalms 46:10*

### **EARLY MORNING CENTERING PRAYER**

**A thirty minute centering prayer meditation on Every Tuesday morning at 07:30 in the church**

Centering Prayer is not meant to replace other kinds of prayer. Rather, it adds depth of meaning to all prayer and facilitates the movement from more active modes of prayer - verbal or mental - into a receptive resting in God. This thirty minute guided exploration in prayer is suitable for complete beginners and for those with experience.

All you need is a desire for silence and a longing for God. All welcome.

## THE PRAYER BRANCH.



**Meets on the Third Tuesday of the month. 19:00-20:00 at the home of a parishioner**

By coming together on a regular basis ( monthly) basis as members of St. Paul's we aim to deepen our prayer lives, knowledge of the bible, and overall understanding of our Faith.

Through creating a sense of peace and quietness away from our normal pressures we are able to feel at ease with each other and discuss and share thoughts on biblical passages and the complexities of trying in a meaningful way to live the Christian life, with time too for silence and reflection.

Finally as members of the congregation we meet as a committed nucleus for specific and general intercessory prayers.

**For details please contact Caroline Docker: 020 7384 1165  
or Cecily Worrall on 020 7352 7844**

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**THE PARISH RETREAT IN SUMMER 2014**  
**to Assisi in Italy**  
**Monday 9<sup>th</sup> – Thursday 12<sup>th</sup> June 2014**



Over the past four years we have established the tradition of a Parish Retreat overseas (Moissac in France in 2010, Avila in Spain in 2011, Siena in Italy in 2012 and Albi in France in 2013). The model is simple: we meet daily in the mornings to learn, to think and to pray together; we spend the afternoons 'at leisure' being as 'touristy' or 'retreaty' as seems right for us; in the evenings we meet and pray and then eat together to share what we have learned and to enjoy fellowship. We arrange our own transport and choose accommodation that fits our needs and our price bracket! It works well, and each year between 20-30 people come along.

This year our destination is Assisi in Perugia, Italy – spiritual home of the Franciscan Order and birthplace of St Francis. There will be the opportunity to visit the Basilica of St Francis and among other things to admire and study the restored Giotto frescoes there.

**Full details from Fr Alan Gyle – or call 020 7201 9999 to register your interest.**

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## SATURDAY MORNINGS IN LENT 2014:

### 'IMAGES OF THE CRUCIFIED'

To lead up to the Pilgrimage to Colmar to contemplate the Isenheim Altarpiece on the weekend of Passion Sunday, this year's Lent Study course reflects on how the crucified Christ has been portrayed down the centuries in Western Art – and how, subtly, artists have brought their own concerns and ideas to bear on their depiction of the death of Jesus – and by so doing have both expressed their own theology of the Passion and have shaped that of their audience.

**Full details from Fr Alan Gyle – or call 020 7201 9999 to register your interest.**

#### Programme:

Coffee from 10:15

Presentation and discussion 10:30-11:45

Mass at noon

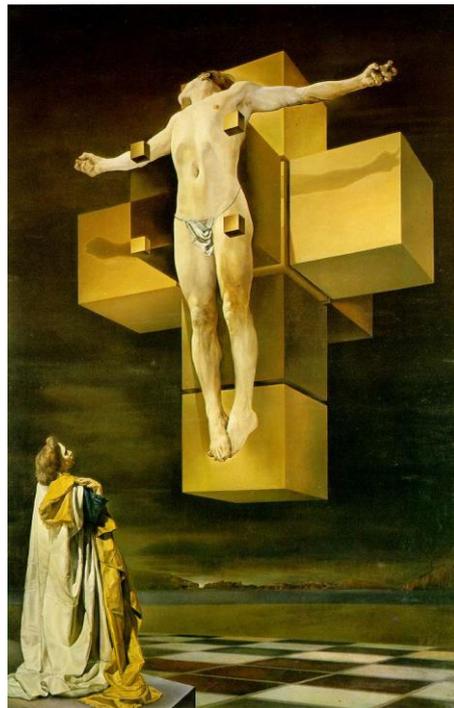
#### Themes:

Saturday 8<sup>th</sup> March 2014: Human weakness

Saturday 15<sup>th</sup> March 2014: Divine glory

Saturday 22<sup>nd</sup> March 2014: Studying Suffering

Saturday 29<sup>th</sup> March 2014: Offering Sacrifice



## EVENTS FOR PEOPLE OF ALL AGES

### Every Sunday at 09:00 – The Family Mass

On Sundays at 09:00 the mass is a more relaxed affair – suitable for all ages, including children. Lasting about 40 minutes the service is followed by refreshments. This is the service any who want to be able not to worry about their children fitting should come to! But it attracts people of all ages.

On most Sundays there is Godly Play or activities around the theme of the day.

### Good Friday: Stations of the Cross for children at 10:30

Before the more grown-up reflections at the foot of the cross from noon till 14:00, a chance for children to walk the way of the cross and to think about Jesus. Hot Cross buns to follow!

Details from Adam English, Margaret Gadow and Virginia Craven: 020 7201 9999



# 結婚地 KEKKONJI: THE 'RECENTLY AND SOON-TO-BE' MARRIED'S GROUP

In Japanese, Kekkonji means 'the ground or basis of marriage' – and KEKKONJI is the name of a group of recently- or soon-to-be married members of the congregation who want, together, to meet, talk, socialise, share concerns and to explore issues that may help to sustain and strengthen their relationship.

## PROGRAMME

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At St Paul's Knightsbridge  
18:00 Mass  
18:30 Drinks  
19:00 Presentation & Discussion  
20:15 end

### In 2013

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1 October: **MARRIAGE & COMMUNITY**

5 November: **FAMILY SYSTEMS:** Just the two of us now in this relationship, except... Who else's presence shapes your marriage? This evening will explore the presence of 'hidden' people who are, metaphorically speaking, in the room and see how their impact is seen, felt and managed.

### In 2014

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21 January: **COMMUNICATING CLEARLY:** this evening explores some simple key skills in how you have clearer and more intentional conversations, build trust and get to the heart of what matters when you talk with your partner and those around you.

4 February: **RESOLVING CONFLICT:** And when things go wrong? This evening explores the inevitability (and desirability!) of some level of conflict in any relationship, and what to do with it when it happens.

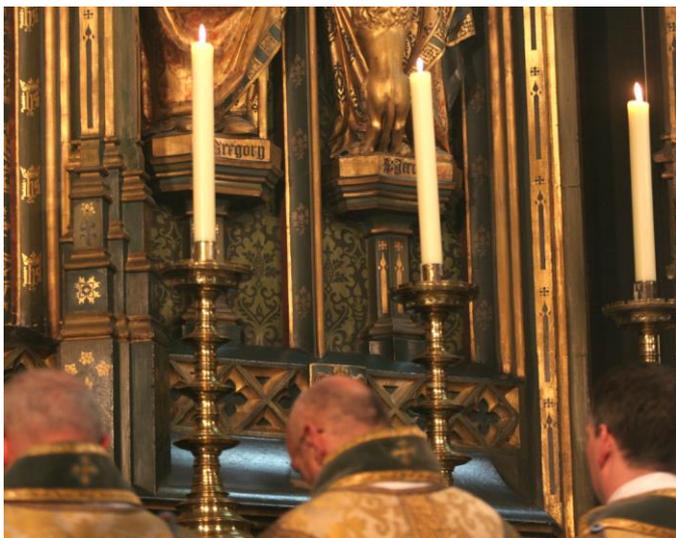
4 March: **BEING INTENTIONAL:** Mass at 18:00 with a short reflection on intentionality as part of a balanced and healthy life, followed by the reckless excesses of the Shrove Tuesday Pancake Party in the Vicarage – and the chance to meet the wider congregation



**Full details from Fr Andrew Sloane – or call 020 7201 9999 to register your interest.**

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## REGULAR CHURCH SERVICES



All of our study, indeed all of our common life, flows from our rootedness in the daily mass and the offering of prayer to God. The church is open – as far as possible – every day from 09:00 till 18:30 (and early on Tuesday mornings from 07:30) and the day is punctuated by public prayer, morning and evening.

On Sundays we have an early (more informal) mass with a reflection, hymns but no choir lasting 40 minutes, and a later Solemn Mass with professional music and a longer sermon (lasting 75 minutes). After each there are refreshments and a chance to meet and talk.

Once a month we eat together at the Parish Lunch (on the first Sunday of each month); members of the congregation take it in turn to cook for between 20 and 40 people, each of whom makes a small financial contribution towards the cost. It is fun and a great opportunity to meet fellow members of the congregation.

And, of course, the clergy are here day by day, and look forward to meeting you and to getting to know you. They are available after each service and by appointment: call 020 7201 9999.

### SUNDAYS

09:00 FAMILY MASS

11:00 SOLEMN MASS with SERMON

### WEEKDAYS

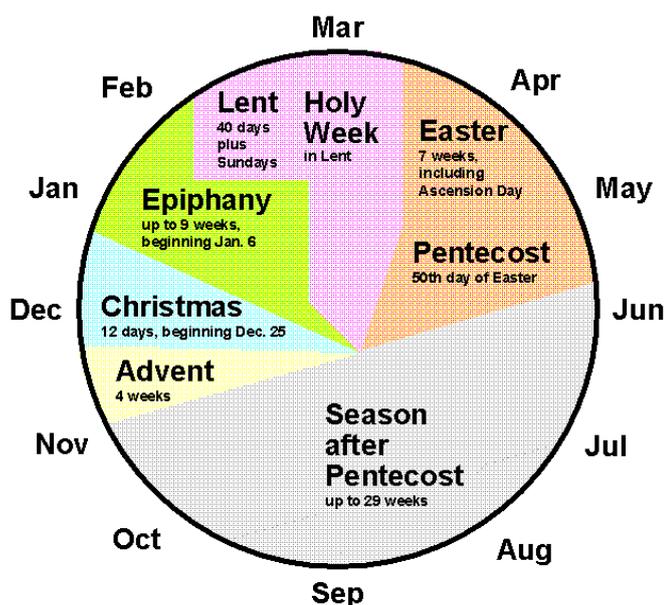
09:00 MORNING PRAYER

18:00 LOW MASS (M, T, Th, Fr)

18:45 MASS WITH HYMNS & REFLECTION (Wed)

Noon LOW MASS (Sat)

# SPECIAL SERVICES OF THE CHURCH'S YEAR



The great round of the church's year is its own teacher. Season by season we explore themes and make connections between the revelation of God's love and our own living.

Please make an especial note of:

<b>PATRONAL FESTIVAL</b>	*26 <sup>th</sup> January 2014	Masses at 09:00 & 11:00
<b>ASH WEDNESDAY</b>	5 <sup>th</sup> March 2014	Masses at 08:00 and 19:00
<b>HOLY WEEK</b>	13 <sup>th</sup> April 2014 17 <sup>th</sup> April 2014 18 <sup>th</sup> April 2014 19 <sup>th</sup> April 2014	Palm Sunday masses at 09:00 & 11:00 Maundy Thursday mass at 19:30 Good Friday Reflections from 12:00-14:00 Good Friday Solemn Liturgy at 14:00 (Church Cleaning from 10:00)
<b>EASTER</b>	20 <sup>th</sup> April 2014	Vigil, New Fire & First Mass at 20:30 Masses on Easter morning at 09:00 & 11:00
<b>ASCENSION DAY</b>	29 <sup>th</sup> May 2014	Mass at 19:00
<b>PENTECOST</b>	8 <sup>th</sup> June 2014	Masses at 09:00 & 11:00