

St Paul's Knightsbridge
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The Vicar

The Reverend Alan Gyle
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Honorary Assistant Clergy:

The Rt Reverend Michael
Colclough

The Very Reverend Victor Stock

The Venerable Nick Mercer

The Revd Prebendary Bill Scott

SERVICES IN AUGUST

Sunday 5 August 2018

TRINITY 10

Low Mass at 09:00 (AG)

Sung Eucharist at 11:00 (+M)

Preacher: The Right Reverend
Michael Colclough

Wed 8 August 2018

St Dominic

Low Mass at 19:00 (+M)

Sunday 12 August 2018:

TRINITY 11

Low Mass at 09:00 (NM)

Sung Eucharist at 11:00 (NM)

Preacher: The Venerable Nick
Mercer

Wed 15 August 2018

The Blessed Virgin Mary

Low Mass at 19:00 (VS)

Sunday 19 August 2018

TRINITY 12

Low Mass at 09:00 (BS)

Sung Eucharist at 11:00

Preacher: The Reverend
Prebendary Bill Scott

Wed 22 August 2018

Feria

Low Mass at 19:00 (+M)

Sunday 26 August 2018

TRINITY 13

Low Mass at 09:00 (VS)

Sung Eucharist at 11:00 (VS)

Preacher: The Very Reverend
Victor Stock

Embrace your inner tortoise...



Although Aesop's classic fable, the Tortoise and the Hare, dates from the 6th century BC, its message is timeless: slow and steady often wins the day. In a speeding and spinning world in which faster is often assumed to be better and in which even organisational creativity is now being conceived of in terms of 'sprints and scrums', it is worth pondering the meaning this fable may have for our lives.

At St Paul's Knightsbridge in August we cut down and cut back – with Eucharistic celebrations only on Wednesdays and Sundays, a skeleton staff in the office and in the church and no public Morning Prayer for the whole month – but we don't stop entirely. Why not just stop? Why not lock the doors for the month? It would be simpler, administratively, and many wouldn't mind.

I suspect that it is, spiritually, better to embrace 'slow' than 'stop'. Our fantasy about holidays is often that we are given the chance to stop completely – and therefore we do so. From the frenetic life of the day-to-day, we fling ourselves down at the poolside and crash-and-burn (sometimes literally!): we just stop, and binge-sleep and disengage. We tell ourselves that this is what holidays are for.

But emotionally and spiritually, I suspect it is better not to do *nothing* – but rather simply to do *less*: so don't (necessarily) disengage completely, and don't disconnect – but experiment with a slower pace of connection and engagement. Embrace your inner tortoise. And when you do, notice how it feels and what lessons this slower pace might have to tell you about the rest of the year.

How we decide to handle this in terms of emails, responsibilities, contact with colleagues and with friends will be a very personal decision – but the fantasy that the only alternative to full-on, flat-out living is a complete stop is one that needs to be examined. I am already enjoying doing so: and wish you a good (but not necessarily complete) break!

Fr Alan Gyle

**A Prayer of St Brendan - quoted by
Bishop Michael on the 5th August.**



Help me to journey beyond the familiar
And into the unknown.
Give me the faith to leave old ways
And break fresh ground with You.
Christ of the mysteries, I trust You
To be stronger than each storm within me.
I will trust in the darkness and know
That my times, even now, are in Your hand.
Tune my spirit to the music of heaven,
And, somehow, make my obedience count for You.
Amen.

Launch of the American Friends of St Paul's

We very much look forward to the formal launch of the American Friends of St Paul's, a charitable 501c3 organisation in the United States of America at a reception and dinner in Washington D.C. on Wednesday 3rd October.



Any American supporters of the church who would like further information about how this can benefit their support of the church should approach Dianne Bruce or Philip Davies for details.

New or visiting?

Although our summer regime is slightly more relaxed than at other times of the year (our musicians, servers and clergy take some time off and the parish office closed), we hope that the welcome you experience at St Paul's is as warm as ever. If you are visiting us from another church and from another part of the world, please join us for refreshments after the 09:00am and 11:00am masses on Sundays.

If you are a 'new' member or potential member, please send an email to info@spkb.org and we will look forward to making contact with you in the early autumn and sitting down with you to see how St Paul's can support you in your life of faith.

Fuller information about the church and its life can be found at www.spkb.org.

AUTUMN 2018

Looking Ahead

Parish Garden Party: Thursday 6th September at 6:30pm

The Autumn Garden Party is on **Thursday 6th September from 6:30pm** in the Vicarage Garden. Invitations are printed and are available for distribution. This is a wonderful opportunity for us to extend hospitality to those in the wider community who may be on the fringes of the church and its life: please feel free to invite guests and any in particular you suspect might enjoy the life and ethos of St Paul's Knightsbridge.

A Theological Tea Party: Saturday 8th September at 3:30pm

Come and prepare for the Down House Trip (see below) and join in a theological tea party and exploration of the life and impact of Charles Darwin on 19th century thought. Led in the Vicarage by Dr Christopher Stephens and Dr Gulliver Ralston.

A Visit to Down House in Kent: Saturday 22nd September from 9:00am till 6pm

Down House is the former home of English naturalist Charles Darwin and his family. It was in this house and garden that Darwin worked on his theories of evolution by natural selection which he had conceived in London before moving to Kent. Please reserve your place on the Parish Website (www.spkb.org)

Songhaven Dementia-friendly Tea Concert: 28th September at 3:00pm

As part of BBC Music Day on Friday 28th September and in conjunction with the charity Songhaven, the first of a regular series of dementia-friendly events using music. Tickets for this event are limited: please book through SepSonghavenStPauls.eventbrite.co.uk

The First Autumn Parish Lunch: Sunday 7th October at 12:45pm

Following the refurbishment of the Parish Hall, join us for the first Parish Lunch after mass on the first Sunday of October. All welcome. Names in the Blue Book at the back of church, please – or ring 020 7201 9999. Followed by...

Organ Recital: Sunday 7th October at 2:00pm

After Parish Lunch, come and hear our new Organ Scholar Ben Newlove give his inaugural recital in church. Free admission for those who have had lunch. Coffee available.

The Berlin Trio Concert: Thursday 25th October at 7:00pm

A glorious evening of music by Schumann, Chopin, Debussy, Enescu and Malcolm Arnold played by Margaret Bruce, Rita D'Arcangelo and Dearbhla Nolan – to raise funds for the King Edward VII Hospital and St Paul's Knightsbridge. Tickets: www.spkb.org/berlintrio.

The FANY Memorial Service: Saturday 27th October at 11am

Come and join the members of the FANY Corps, their chaplain and friends for the annual memorial service to remember those who gave their lives in the war and in times since.

The Autumn Jumble Sale: Saturday 27th October at 10am

Donations for the Jumble Sale can be made in person at the Parish Office after the start of September, or by arrangement with Niki Bartman on 020 7602 4599 – and please join us for the sale itself on Saturday 27th October.

Come and Sing: Saturday 27th October at 2:00pm

Your chance to come and sing with members of our choir under the eager baton of Michael Papadopoulos with Ben Newlove at the piano. Informal concert for family and friends at 4:15pm. Donations of £10 for participants – no charge for the audience – and drinks in the pub afterwards.

For your prayers

We pray this week for:

Sarah, Bishop of London; Lorna Gradden and Rob Clouston, our Churchwardens; for our staff team; our Sister and Partner Parishes, St Paul's K-Street in Washington DC and All Saints Church, Nhamavilah in Mozambique

We pray for those who lead the church that they may do so with integrity, and we pray for the constant renewal of the church.

For renewal and recreation in these days of summer.

Among the sick and those in need:

Fr Bill Scott; Raymond Willetts; Mylène Leenhardt; Nora Shishkovsky; John Sunderland; John King; Maya Habboush; Alan Bennyworth; Sall Allen; David Eckland; Kokoly Fallah; Joanna Panasiuk, Nicky Lindsay.

All the recently departed

Annabelle Neilson; Rob O'Connell; Neil Mercer.

And we pray for those whose year's mind falls during the month of August:

Ted Sheehan	1 August
Farah Russell	1 August
Glenn Brown	3 August
Robert Moline	8 August
Eleri Davies	6 August
William Bennett	8 August
Bertram Worrall	9 August
Robin Cooke	11 August
James Davis	19 August
David D'Albis	20 August
Frank Palmer	28 August
Tom Delaney	28 August
Jack Windham	29 August
June Fenwick	30 August