

St Paul's Knightsbridge

The Parish Office
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DAILY SERVICES

Sunday 31st March : Fourth Sunday of Lent - Laetare
Family Mass at 09:00 (AG)
Solemn Eucharist at 11:00 (AG)
Preacher: Fr Victor Stock

Monday 1st April : Frederick Denison Maurice
No services.

Tuesday 2nd : Feria
Morning Prayer at 09:00

Wednesday 3rd : Feria
Morning Prayer at 09:00
Wednesday Evening Service at 19:00 (VS)

Thursday 4th : Feria
Morning Prayer at 09:00

Friday 5th : Feria
Morning Prayer at 09:00

Saturday 6th : Feria
Morning Prayer at 09:00
Low Mass at noon (AG)

Sunday 7th : Fifth Sunday of Lent – Passion Sunday
Family Mass at 09:00 (AG)
Solemn Eucharist at 11:00 (+M)
Preacher: Fr Alan Gyle

FULLY ALIVE?

Wednesdays at 19:00 in Lent

Come to church at 19:00 on Wednesday evenings during the Holy Season of Lent for our journey of preparation, renewal and return to God.

This week: "Aiming in the right direction: holiness and the target practice of spiritual living"

The talk will be followed by Mass with Fr Victor Stock, then refreshments.

And this **Saturday, 6th April** there will be a **Quiet Morning** in church, 10:00-13:00.

Carrot or stick?



A friend of mine was responsible for the training of a group of clergy in the diocese. At a meeting, various colleagues were bemoaning the difficulty of getting clergy to turn up. How is it that you are so successful, they asked my friend? Well, he replied, I simply lay on a good supper with some really good wine to accompany each session and they seem to turn up. I suppose, he mused, it is less a matter of 'carrot and stick' than 'claret and stick!'

He came to mind this week as I listened to a news article on Radio 4 about the use – in Shropshire – of drones to herd sheep. The technology, the article explained, is already used in New Zealand, but Prof Mark Rutter, from Harper Adams University in Shropshire has been exploring its use here. The difficulty is that whereas sheep dogs are wily and, from a sheep's point of view, a credible threat, drones are not – and so sheep quickly become used to their presence and stop responding to them. What to do? Professor Rutter applied the logic of reverse psychology. He found a way of attaching a feeding mechanism to the drone for a short period so that the drone could scatter food. The sheep, quickly began to associate the drone with food and began to follow it. While this may not entirely be good news for sheep dogs (Lassie, it's time to retrain!), it is probably a taste of things to come – and if drones can simultaneously monitor sheep position and movement and report anomalies back to shepherd HQ, and if they can be self-actuating rather than requiring a human to steer them, the future looks brighter for sheep and shepherds everywhere!

Threat of punishment or reward. Which is the most powerful driver of behaviour? Ask any young parent how easy it is to bring up a pre-adolescent child solely with

reinforcement of good behaviour while turning an intentional blind eye to bad behaviour, resisting the instinct to punish, and you'll quickly appreciate just what a demanding calling parenthood is! But despite the struggle, children whose good behaviour is recognised and rewarded consistently learn faster, perform more consistently and develop more quickly than those who are, instead, punished for mistakes. Despite this possibility, many of us grow up fearing though expecting chastisement.

Lent can easily be a season in which we internalise this sense of punishment and chastisement as the best means of growth. We are tough on ourselves. We project this belief onto a Church that we imagine demands of us harsh rigour in this holy season. Self-punishment, we muse, must be good for us. Interesting, though, to invert our thinking and to focus on the rewards of the season: freedom, space, opportunity to come closer to each other and to God – a God whose arms, we find, are open to us and who stands ready to feed us and to resource us for life, fuller and better life, in a season at whose heart – at least in God's mind – is less 'stick' than 'carrot', even if you've given up claret for its duration!

Fr Alan Gyle

NEXT SUNDAY: APCM, Parish Lunch & Sunday Recital Series
Sunday 7th April at 12:30pm

Joins us after the 11AM Mass on Sunday 7th April for an expeditious **Annual Parochial Church Meeting** to receive accounts and reports on the life of the parish along with the election of Churchwardens and members of the Parochial Church Council.

The meeting will be followed by an **informal 'bring and share' lunch** (do bring a plate – we will provide the wine!) ahead of a recital at 2pm given by **Eleanor Ross** from the Choir whose programme will include songs by Strauss and Debussy, accompanied by Michael Papadopoulos.



UPCOMING EVENTS

SONGHAVEN DEMENTIA-FRIENDLY CONCERT & TEA
Saturday 13th April at 3pm



A 45 minute dementia-friendly concert followed by afternoon tea. **Natasha Day** (soprano) and **Matthew Palmer** (baritone) accompanied by **Michael Papadopoulos** will perform favourite melodies from the operatic stage, tunes from the classic musicals, and well-loved songs from the past. Tickets are free, but should be reserved by visiting www.spkb.org or calling the parish office. All welcome!

THE MUSIC DINNER
Monday 13th May, 7pm for 7:30pm

Join us for our hugely popular annual Music Dinner to raise funds for the St Paul's Music Programme. Black tie dinner in the ballroom of The Berkeley Hotel, our hugely generous neighbours who give the dinner at no cost to St Paul's, with all proceeds going to church funds. Tickets: £50 with suggested Gift Aid donation of £130. Please email wardens@spkb.org or call the parish office for further information.

WHO'S WHO at ST PAUL'S?

THE CLERGY



(l-r) **The Vicar** Fr Alan Gyle (alan@spkb.org); **Honorary Assistant Clergy** Bishop Michael Colclough; Fr Victor Stock; Fr Nick Mercer.

A priest is available before or after services for confession and spiritual guidance, and also by appointment. A member of the parish clergy is always available in pastoral emergencies and we will be glad to be contacted at whatever hour, seven days a week; however, as a general rule, Fr Alan is unavailable on Mondays.

LAY OFFICERS



(l-r) **Churchwardens:** Lorna Gradden & Robert Clouston (wardens@spkb.org)
Treasurer: Noel Craven
Safeguarding officer: Margaret Gadow

The Deputy Churchwardens & their responsibilities: Caroline Docker (Hospitality); Gardenia Griffith (Welcoming); Roland Brunner (Volunteering); Serena Butt (Incorporation) Margaret Gadow (Safeguarding); Virginia Craven (Children's Advocacy); Susie Thornton (Communication & brand); Sarah Tytherleigh (Vestments, fabric & plate); Tom Tull (Wednesday evenings); Aidan Linton-Smith (Family Mass); Jeremy Orlebar (Building maintenance)

THE MUSIC DEPARTMENT



(l-r) **Director of Music** Dr Stephen Farr (sforganist@gmail.com)
Assistant Director of Music Michael Papadopoulos (michael.pap514@gmail.com)
Music Scholars Benjamin Newlove (organ) & Findlay Spence ('cello and composition)

IN THE PARISH OFFICE



(l-r) **Vicar's PA:** Felicity Cranfield (felicity@spkb.org), Claire Pilton (claire@spkb.org);
Head of Future Programmes: Phil Davies (phil@spkb.org); **Caretaker:** Adam Modzelewski

Who is doing what this Sunday?

The Family Mass at 09:00

Celebrant & Preacher: Fr Alan Gyle
Reader: Margaret Gadow
Server: Robert Thomas

The Solemn Eucharist at 11:00

Celebrant: Fr Alan Gyle
Deacon & preacher: Fr Victor Stock
Subdeacon: Tim Pontius
Reader: Jeremy Orlebar
Hospitality: Kimball Bailey
& Melissa Longley

For your prayers

We pray this week for:

Sarah, Bishop of London; Lorna Gradden and Rob Clouston, our Churchwardens; for our staff team; our Sister and Partner Parishes, St Paul's K-Street in Washington DC and All Saints, Nhamavilah, Mozambique.

We pray for those who lead the church that they may do so with integrity, and we pray for the constant renewal of the church.

Among the sick and those in need:

Keith Butt; Maya Habboush; Sall Allen; David Eckland; Nicky Lindsay; Penny Higgs; Amanda Orlebar; Tessa Murphy, Victoria Jones, Reg Francis, Philippe Romano, Cecily Worrall.

All the recently departed:

Irene Garrity. All who have died as victims of terrorism and natural disaster.

And we pray for those whose year's mind falls during the month of April:

John Murphy	1 st
Joan Bull	2 nd
Joan Sheehan	2 nd
Phoebe Bartulovic	2 nd
Malcolm Aird	6 th
Ross Davies	14 th
Francis Lyall	21 st
Walter Clarke	24 th
Alethea Lyall	28 th
Valery Tweddle	29 th
Sam Bartosik	30 th